

# WCS Training & Support Team Memo



Happy 2017!

## **Inside this packet you will find the 2017 Calendar of WCS Foster Care training offerings!**

In order to maintain your foster care approval, you need to complete the following:

- ◆ 28 training hours per year for parent one and 9 hours for parent two
- ◆ CPR certification (for one parent)
- ◆ Either a Therapeutic Crisis Intervention for Families (TCIF) course completion, or if you have already taken a TCIF course you will need to attend one "TCIF Refresher" class.

We always strive to make these requirements easy for busy parents like you to achieve.

We will continue to have **Quarterly Mandatory Trainings**. We will have all-new topics this year! We are offering multiple dates for each quarterly training, so we expect to see everyone in attendance! If you miss one of the dates, we will be calling you to make up the class.

**We are bringing back daytime Luncheons!** These will be an opportunity to connect with other foster parents, give and get support, and earn training hours! If you cannot attend during the day, we will continue to host the nighttime **Groton Support Group and Crafty Connections Support Group**.

Each family has to have completed a **TCIF course during their approval period**, or a TCIF refresher if the course was completed previously. We are offering these courses twice a year.

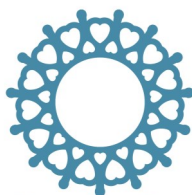
WCS provides a benefit to our foster families by offering **CPR certification for free**. These classes are offered every month, and the certification is good for two years.

**Please Register for trainings now!** Call Sara Hunter x102 or [shunter@waterfordcs.org](mailto:shunter@waterfordcs.org) to register for the trainings you are interested in. This allows us to send you a reminder and arrange for appropriate childcare.

Here are additional free opportunities for you to utilize:

- Foster Parent College Online learning [www.fosterparentcollege.com](http://www.fosterparentcollege.com)
- CT Alliance of Foster & Adoptive Parents trainings <http://cafafct.org/our-services/foster-and-adoptive-training/post-licensing-training/>

**As has been our practice, we will give a bonus stipend of \$100 to families who complete their 28 hours of post-licensing training. Thank you for all you do!**





# New Year—New Opportunities!

Check out our new training topics & save the dates! You need 28 training hours annually.

## Foster Parent Luncheons

Just a laid back way to spend time with your peers discussing the ups and downs of foster parenting. We will be meeting on the "odd" months of the year in the Agency Room at our Norwich office from 11:30-1:30pm. Please RSVP by the Monday before the meeting.

## Groton Support Group

This group meets on the first Wednesday of each month from 7-9pm at the Groton City Fire Department, 140 Broad St, Groton. We will be offering *Circle of Security Parenting* each month during the first hour of the meeting, with general support following the training module. Please RSVP to Alana Jones if you would like to attend.

## Mandatory Training—4 times per year. Choose one date per topic

### Drug Trends:

What is it?

Trainer: SERAC

- February 13 6-8p
- February 16 6-8p
- February 28 10-12p

### Real Life, Real Talk

Trainer: Planned Parenthood

- April 18 9-12p
- April 27 5:30-8:30p
- May 2 5:30-8:30p

### CARE: Creating Con-

ditions for Change

Trainer: WCS

- August 8 5:30-8:30p
- August 17 9-12p
- August 24 5:30-8:30p

### Transitioning out

of Foster Care

Trainer: State of CT

- October date TBD
- October date TBD
- October date TBD

## Crafty Connections Group

This group crafts and chats on the 3rd Saturday evening of each month from 5-9pm. Childcare will be provided from 5-7pm with your RSVP by the third Wednesday of the month. Each month we will offer a training module "*Putting the Pieces Together: Life-book Work with Children*" from 5-7pm.

## Therapeutic Crisis Intervention for Families

The Cornell University model for working with kids in crisis situations. All WCS staff are trained in this model and we need our families to use these techniques too! If you have taken TCIF, you need to take the TCIF Refresher annually. Childcare is available if you RSVP.

### TCIF Class

- 7 Mondays-Mar 6-April 17 5:30-8:30p
- 7 Mondays—July 10-Aug. 21 5:30-8:30pm

### TCIF Refresher

- Wed 3/8 5:30-8:30pm
- Thurs. 6/15 9-12noon
- Mon. 9/18 5:30-8:30pm

## CARE: Creating Conditions for Change

This training helps foster parents guide their interactions with children to gain skills to manage life events, motivate children to follow routines and minimize interpersonal conflict.

- 7 Wednesdays-April 12-May 24 5:30-7:30pm

## 2017 Training & Support Calendar

JAN

DATE	EVENT	TIME	HRS
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1/4	Wed	Groton Support Group	7-9p	2
1/12	Thur	Luncheon	11:30-1:30p	2
1/21	Sat	Crafty Connection Group	5-9p	4
1/25	Wed	CPR	10-2	4

FEBRUARY

2/1	Wed	Groton Support Group	7-9p	2
2/6	Mon	CPR	5:30-8:30p	3
2/13	Tues	Drug Trends	6-8p	2
2/16	Thur	Drug Trends	6-8p	2
2/18	Sat	Crafty Connection Group	5-9p	4
2/28	Tues	Drug Trends	10-12p	2

MARCH

3/1	Wed	Groton Support Group	7-9p	2
3/6	Mon	TCIF #1	5:30-8:30p	3
3/8	Wed	TCI Refresher	5:30-8:30p	3
3/13	Mon	TCIF #2	5:30-8:30p	3
3/15	Wed	CPR	10-2p	4
3/18	Sat	Crafty Connection Group	5-9p	4
3/20	Mon	TCIF #3	5:30-8:30p	3
3/23	Thur	Luncheon	11:30-1:30p	2
3/27	Mon	TCIF #4	5:30-8:30p	3

APRIL

4/3	Mon	TCIF #5	5:30-8:30p	3
4/5	Wed	CPR	10-2p	4
4/5	Wed	Groton Support Group	7-9p	2
4/10	Mon	TCIF #6	5:30-8:30p	3
4/12	Wed	CARE #1	5:30-8:30p	3
4/15	Sat	Crafty Connection Group	5-9p	4
4/17	Mon	TCIF #7		
4/18	Tues	Real Life, Real Talk	9-12p	3
4/19	Wed	CARE #2	5:30-8:30p	3
4/26	Wed	CARE #3	5:30-8:30p	3
4/27	Thur	Real Life, Real Talk	5:30-8:30p	3

# 2017 Training & Support Calendar

DATE	EVENT	TIME	HRS
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**MAY**

5/2	Tues	Real Life, Real Talk	5:30-8:30p	3
5/3	Wed	Groton Support Group	7-9p	2
5/3	Wed	CARE #4	5:30-8:30p	3
5/8	Mon	CPR	5:30-8:30P	3
5/10	Wed	CARE #5	5:30-8:30p	3
5/11	Thur	Luncheon	11:30-1:30p	2
5/17	Wed	CARE #6	5:30-8:30p	3
5/20	Sat	Crafty Connection Group	5-9p	4
5/24	Wed	CARE #7	5:30-8:30p	3

**JUNE**

6/7	Wed	Groton Support Group	7-9p	2
6/15	Thur	TCI Refresher	9-12p	3
6/17	Sat	CPR	10-2	4
6/17	Sat	Crafty Connection Group	5-9p	4

**JULY**

7/5	Wed	Groton Support Group	7-9p	2
7/10	Mon	TCIF #1	5:30-8:30p	3
7/13	Thur	Luncheon	11:30-1:30p	2
7/15	Sat	CPR	10-2	4
7/15	Sat	Crafty Connection Group	5-9p	4
7/17	Mon	TCIF #2	5:30-8:30p	3
7/24	Mon	TCIF #3	5:30-8:30p	3
7/31	Mon	TCIF #4	5:30-8:30p	3

**AUGUST**

8/2	Wed	Groton Support Group	7-9p	2
8/7	Mon	TCIF #5	5:30-8:30p	3
8/14	Mon	TCIF #6	5:30-8:30p	3
8/19	Sat	CPR	10-2	4
8/19	Sat	Crafty Connection Group	5-9p	4
8/21	Mon	TCIF #7	5:30-8:30p	3

## 2017 Training & Support Calendar

	DATE	EVENT	TIME	HRS	
SEPT	9/6	Wed	Groton Support Group	7-9p	2
	9/13	Wed	CPR	10-2	4
	9/14	Thur	Luncheon	11:30-1:30p	2
	9/16	Sat	Crafty Connection Group	5-9p	4
	9/18	Mon	TCIF Refresher	5:30-8:30p	3
OCT					
	10/4	Wed	Groton Support Group	7-9p	2
	10/16	Mon	CPR	10-2	4
	10/21	Sat	Crafty Connection Group	5-9p	4
NOV					
	11/1	Wed	Groton Support Group	7-9p	2
	11/9	Thur	Luncheon	11:30-1:30p	2
	11/15	Wed	CPR	10-2	4
DEC	11/18	Sat	Crafty Connection Group	5-9p	4
	12/2	Sat	WCS Annual Holiday Party	12-2p	2
	12/6	Wed	Groton Support Group	7-9p	2
	12/11	Mon	CPR	10-2	4
	12/16	Sat	Crafty Connection Group	5-9p	4

### RSVP Now!

Register with Alana Jones x170 or [ajones@waterfordcs.org](mailto:ajones@waterfordcs.org) for any of these events. We will send you a reminder before the training.

# FOSTER PARENT TRAINING LOG

Family Name:  
 Parent 1:  
 Parent 2:  
 Next Re-approval Date:  
 TCIF Completion:  
 CPR Expiration:

## Annual Training Checklist

- CPR
- Parent 1: 28 Hours
- Parent 2: 9 hours
- TCIF or TCIF Refresher

Date	Training Topic	Parent 1 Hours	Parent 2 Hours
<b>TOTAL HOURS</b>			