

CAMP WATERFORD

"For Exceptional Children"

"Where Everybody Is Somebody"

FOR BOYS

R. F. D. 1, QUAKER HILL, CONNECTICUT

FOR GIRLS

DIRECTORS

MRS. RITA SAUNDERS
BUCKINGHAM SCHOOL
28 Buckingham Rd. Brooklyn 26, N. Y.
BUckminster 4-5588



HERBERT SCHACHT
WATERFORD COUNTRY SCHOOL
R. F. D. 1, Quaker Hill, Conn.
(New London) GIBSON 3-9820



6:45 a.m.
REVEILLE

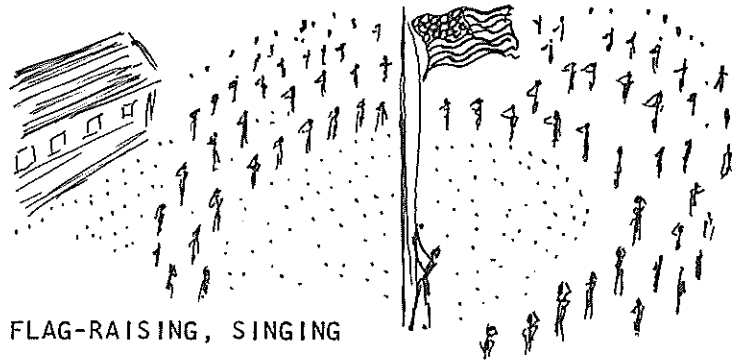
REVEILLE

The bugle's call rouses all at 6:45 a.m., rain or shine. Stretching and warming-up exercises for another happy-busy day.



PERSONAL CLEAN-UP

Friendly guidance makes washing and care of teeth, hair, clothing, rewarding fun, not neglected chores.



FLAG-RAISING, SINGING

Campers then assemble for a simple flag-raising ceremony and brief song period.



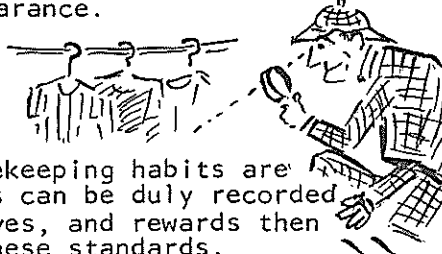
BREAKFAST

By now appetites are thoroughly roused to cope with a wholesome, well-prepared breakfast! Plans for the day are outlined, suited to the weather. Campers take turns learning to set table, serve, wash and dry dishes.



CABIN CLEANUP

Now comes a brief period for "good housekeeping". Each camper cares for his living area under supervision. His ingenuity is ever-challenged to discover new ways to improve its comfort and appearance.



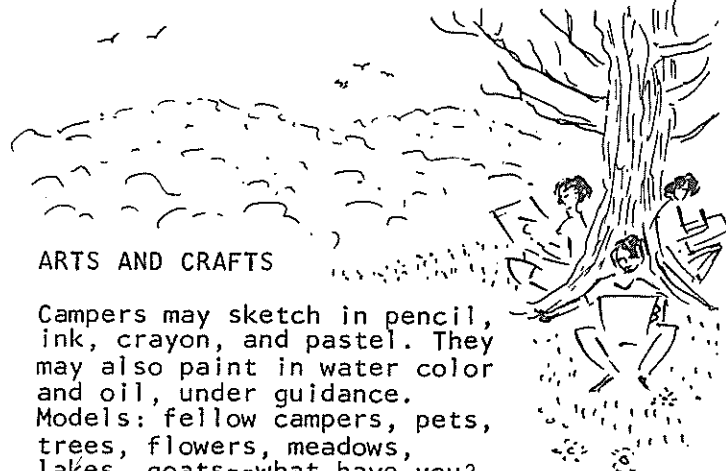
INSPECTION

Each camper's housekeeping habits are studied so progress can be duly recorded. Publicity, incentives, and rewards then combine to raise these standards.

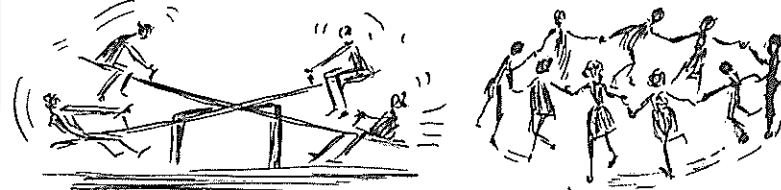
9:30 a.m.
FIRST ACTIVITY PERIOD

ARTS AND CRAFTS

Campers may sketch in pencil, ink, crayon, and pastel. They may also paint in water color and oil, under guidance. Models: fellow campers, pets, trees, flowers, meadows, lakes, goats--what have you?



Many crafts are taught, e.g.: paper sculpture, doll-making, carving, modelling in clay, papier-maché work, decorating gift boxes and pottery, silk-screen printing, textile design and coloring.



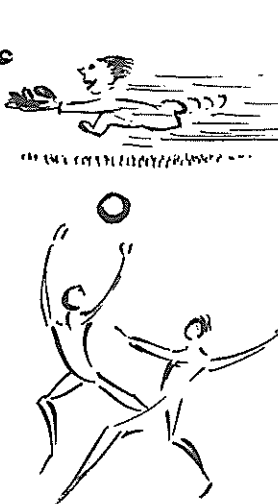
PLAYGROUND GAMES

A variety of sturdy equipment is here for playground games: sandboxes, tents, toy castles, play-houses, teeter-totters, horseshoes, swings, slides, and so on. Children are encouraged to participate in shared activities.



BALL GAMES

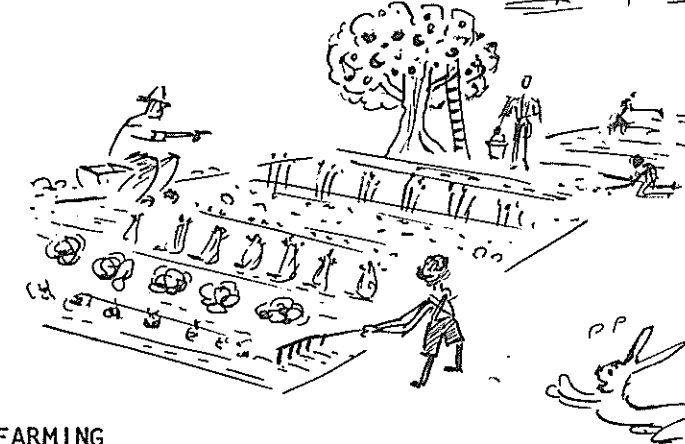
No joy is more universal than love of outdoor ball games. There are courts for basketball, handball, paddle tennis, and badminton; areas for volleyball, softball, touch football, and other team sports. Needed skills are taught. The best kinds of therapy are those absorbed in periods of active fun! Self-consciousness gradually disappears amid joys of concentrated activity.



10:30 a.m.
SECOND ACTIVITY PERIOD

PETS AND ANIMAL CARE

Dogs and cats, cows and pigs abound---plus scores of other farm animals, rabbits, birds, and other semi-domestic pets. Chicken-raising and egg production are taught at the Camp's chicken house...milk production in the dairy.



FARMING

A counsellor (a trained farmer) guides each camper in cultivating the garden. The child has the thrill of planting and watching crops develop. At harvest time he picks ripe fruits from the Camp's orchards, and wild berries!



WOODCRAFT

Trees, shrubs, plants, and flowers are abundant at Camp. The arts of identifying, planting, protecting, and pruning them are learned with enjoyment.



12:00 NOON
LUNCH & SIESTA

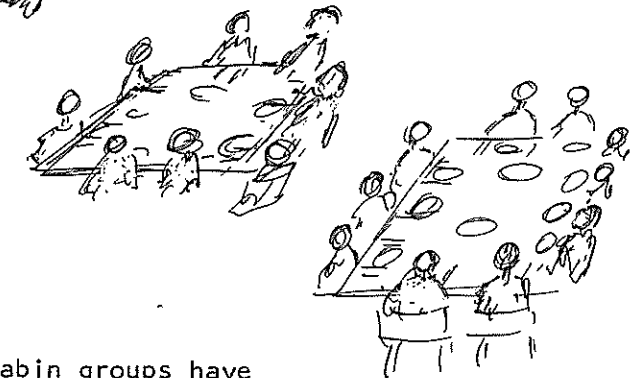
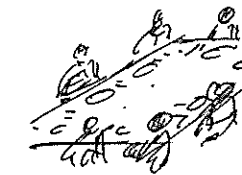
CLEAN-UP

Time has swiftly arrived for another wash-up period, with a bit of relaxing, before that welcome lunch-bell sounds.



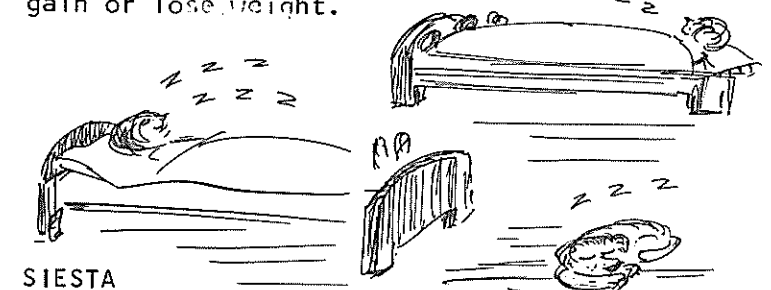
REPORTS AND ANNOUNCEMENTS

Before lunch comes assembly and a brief review of current projects and plans for the rest of the day. Reports are given on the morning's house-keeping inspection, rewards offered for improvement.



LUNCH

Small cabin groups have their own table. Meals served family-style. Friendly guidance in good eating habits and table manners is given. Special attention is offered to those who must gain or lose weight.



SIESTA

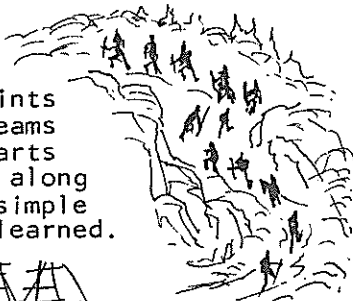
The busy morning of work and play, topped by a hearty lunch, now dictate an hour siesta period for complete relaxation.

2:00 p.m.

THIRD ACTIVITY PERIOD

HIKES AND FIELD TRIPS

Hikes to scenic view-points and trips to nearby streams and lakes abound. The arts of packing, making camp along the trail, and cooking simple outdoor meals are thus learned.



EXCURSIONS

Camp Waterford is admirably located for exciting excursions to nearby parks, beaches, museums, and fun-areas. Unique trips are inspired by the historic events that have occurred nearby. Neighboring communities open many doors to us, e.g.: U. S. Sub Base, Mystic Seaport, Indian Reservation, Agricultural College, and Shakespeare and Dance Festivals.



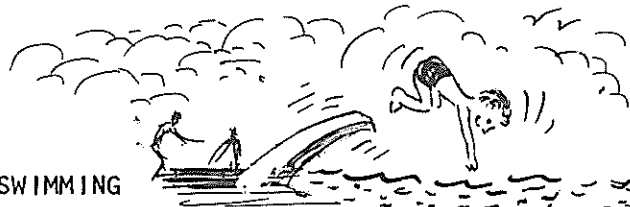
BOATING

Small rowboats under watchful supervision are used on the Camp's shallow, beautiful lakes, where skills in rowing and "navigation" are joyfully acquired!



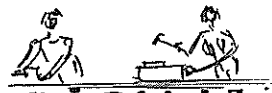
SWIMMING

Fine facilities exist for expert teaching of even the most timid to swim, and care for themselves in the water---something everyone should learn, the sooner the better.



HOBBIES

Sprouting interest in hobbies is developed by watchful leaders, who encourage each camper's aptitudes.



OCEAN DIPS

From June to September frequent trips are made to Ocean Beach. Only 7 miles away, this extensive park, scenic pleasure area, has clean white sand, excellent bathing, fine shrubs, flowers, boardwalks; many areas for special sports, games, fireworks, fun-rides.

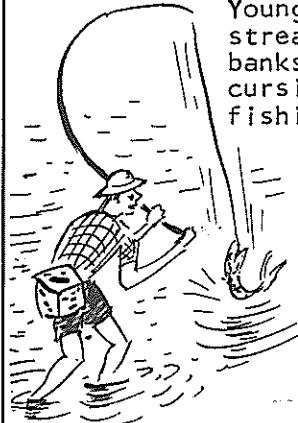


3:30 p.m.

FOURTH ACTIVITY PERIOD

FISHING

Young anglers enjoy our many nearby streams and lakes, fishing from banks under supervision. On excursions to the nearby ocean, surf-fishing is a treat.



ROLLER SKATING

A special area is used for the joyful art of roller skating, singles and doubles, often set to music! Occasional trips are made to a nearby indoor rink.



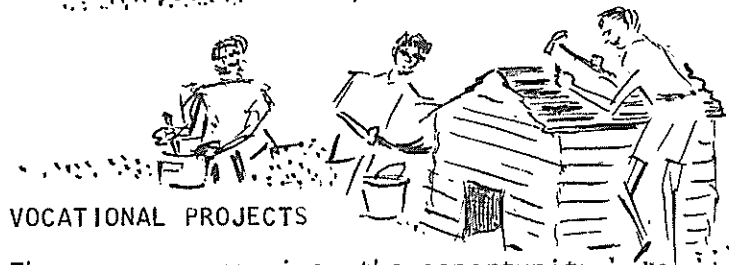
MUSIC AND DANCING

Music and dancing are used as fun and therapy. Campers learn to appreciate music, participate in singing, receive instruction in simple piano or accordion. As a means of improving manual dexterity, there is a rhythm orchestra for younger children. Unrelated movements of over-active children are given meaning in time to music, with folk, square, social, tap, and ballet dancing.



CREATIVE WRITING

Opportunities are provided in the mimeographed Camp paper for original contributions: news reports, stories, and poems, which carry over into periods of letter-writing to family and friends at home.

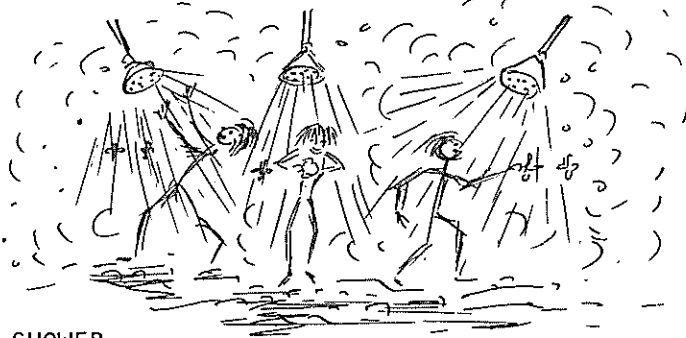


VOCATIONAL PROJECTS

The campers are given the opportunity to learn elementary mechanics, carpentry, plumbing, electricity, operation of farm machinery, flower arranging, simple meal planning and cooking, and sewing. Groups may design and build simple play houses or animal pens as a co-operative project.

4:30 p.m.

SHOWER, CLEAN-UP, SUPPER



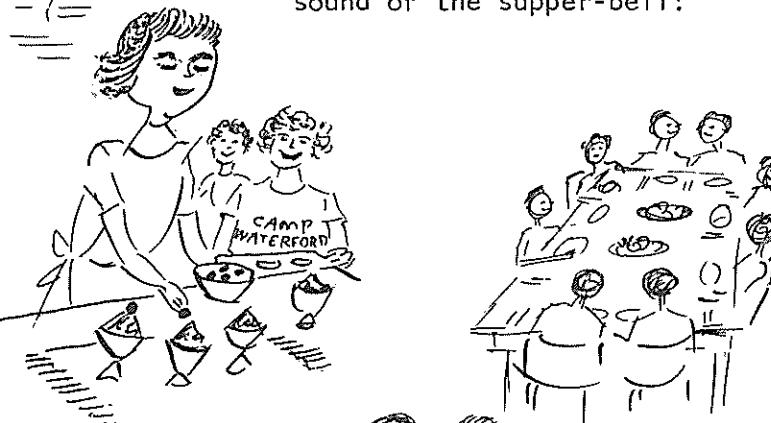
SHOWER

A busy afternoon calls for a cool, relaxing shower for the fuller enjoyment of supper and evening pleasures.



TIDYING-UP

After personal clean-up comes a quarter-hour for relaxing before the charming sound of the supper-bell!



MESS CALL---SUPPER!

Supper marks the "gathering of the clans" to again enjoy good food and fellowship---and exchange accounts of the day's many adventures.

6:15 p.m.

EVENING PROGRAM



SUPPER CLUB

Frequent surprises and change of pace come after supper, with music, skits, games, and spontaneous good fun.

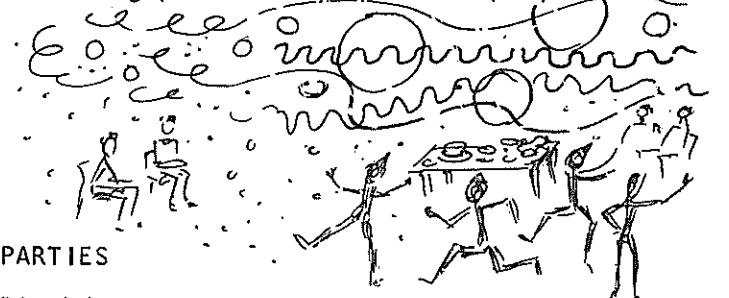
MOVIES AND TV

Good programs are carefully selected for showing by the Camp's movie projector or TV, one of the day's most popular periods, needless to say!



PLAYS

Camp Waterford's stage is often the scene of busy campers painting sets, making costumes and props, and trying out for exciting parts in next week's play!



PARTIES

Birthdays, anniversaries, and special rewards inspire frequent parties, with favors, dessert treats, music, and games. There are also folk-dancing, square-dancing, and costume parties.

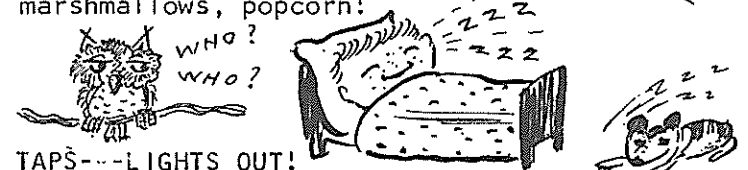
CHARADES

Besides acted-out plays, much fun is had with parlor games, impersonations, quiz games, guessing contests, and impromptu skits!



CAMPFIRES

Nothing can cast such a spell of contentment, joy, and good-fellowship, as the weekly campfire for all, under the stars complete with stories, songs, marshmallows, popcorn!



TAPS---LIGHTS OUT!

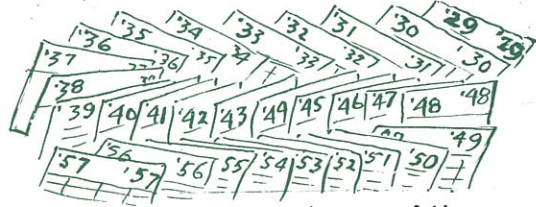
Another busy, fun-filled day is over---with skills further developed, handicaps coped with, new talents discovered, new friendships formed...Sleep is not long coming, abetted by the cool, peaceful country night.

HISTORY OF THE CAMP

Since 1929 Camp Waterford has been evolving to meet the needs of Exceptional Children---those handicapped mentally, emotionally, and socially. Like all human beings, who use only a small part of their potential, these children understand and are capable of a great deal more than is realized.

They need to belong and contribute to a group, to experience the joy of achievement, to feel and be treated like other children. Rejection has usually played the major role in their young lives, rejection by other children, by the segregated classes in school, by people in the neighborhood, sometimes by their family.

This, plus over-protection, makes these children fear to venture into new experiences, to attempt what they see other children enjoying: friendships, games, learning to "do" as grownups do, the mimicry of mother keeping house, dad building or fixing something at home; social life of music, songs, dancing they have witnessed on TV or from behind the scenes.



At a specialized camp like Waterford, under guidance of the second generation of directors, and staff of experienced teachers and counsellors, the campers, with affectionate encouragement, are given the chance to enjoy and benefit from the best that camping can offer.

Without competition, they develop confidence, and make friends. In the short time of a camp season children participate in the social, athletic, art, music, dancing, academic, and vocational programs Camp offers. They experience responsibility. Through trips, visits to places of interest, and gala affairs at Camp, attended not only by the Camp,

but by prominent members of the community, they no longer feel rejected. Happiness has come through accomplishment. They belong for they are Camp Waterford "Where Everybody is Somebody"!

SITE AND EQUIPMENT

The Camp, 750 -plus rolling acres, is hidden in a secluded hill and valley area five miles northwest of New London, Connecticut and Long Island Sound. No expense is spared to make this a well-equipped and beautiful Camp, offering the best in personal care, athletics, vocational and farm activities for Exceptional Children.



HOUSING

Our buildings have been situated and constructed to meet the needs of the varied types of campers. We have "Bunk Row" of seven cottages, and our lovely Cedar Lodge on a hill overlooking this campus. Buildings are screened, have shutters for inclement weather, showers and wash basins with hot and cold running water, toilets, electricity, ample shelf and closet space.

Lower Campus has three large cottages with the same facilities. These are double or triple cottages. Overlooking this area is the Cottage in the Pines. These sections are used by campers who can adjust to and benefit from living with a group.

White House and Upper Main are winter quarters of the Waterford Country School. The rooms are set up for one, two, or three beds. The Kindergarten Quarters are located in White House. These facilities are used by children who find it difficult to adjust to group living, by younger children, and by campers who for physical reasons require winter quarters.

STAFF

Our staff, carefully chosen by the experienced working directors, represent a wide variety of teaching, and training skills and talents. Varied personalities, some to calm and give confidence, and some to inspire, are carefully balanced; but all, including the maintenance staff, have the same basic qualities of genuine interest in and affection for children. Groupings depend on the individual camper. According to the need, a counsellor may be assigned to one, two, or more children.

PROGRAM

The program, while regimented, is flexible in its awareness of the particular needs of each child. Every hour is planned beforehand, with an evolving program of accomplishment, geared to each child's problems and ability.

HEALTH AND SAFETY

Camp leaders are ever-watchful to guard campers' health and safety (special care for each). Water for all uses is from tested artesian wells. The Infirmary and Isolation Quarters are adequately equipped. There is a Resident Nurse, and a Pediatrician on call. Lawrence Hospital, equipped for any emergency, is only fifteen minutes away.



TYPES AND GROUPINGS

Many classifications of "Exceptional Children" are accepted if it is the belief of the Camp that they will benefit from our program. We have a small group of so-called "normal" children. These children must learn to live with their handicapped brothers and sisters. Tolerance and understanding are fostered by this association. The Exceptional Child does not feel singled out. The program and activities are paced to the child's ability to learn, so that even

the brightest child is never held back. Groupings are based on chronological age, social and emotional maturity, physical co-ordination, and finally, the mental age. Personalities and problems are carefully balanced, so that each camper can teach and learn from the other members of his group.



ACTIVITIES

Just let your imagination play with this partial listing: Amateur Nights, Art Exhibits, Arts & Crafts, Banquets, Basketball, Bird Watching, Boating, Boxing, Camp fires, Camping-Out, Carpentry, Charades, Circus & Fair, Cooking, Dancing, Drawing, Excursions, Farming, Field Trips, Fishing (lake, stream, surf), Flower Study, Folk Dancing, Games, Gardening, Greased Pig, Haircuts for All, Handball, Handicrafts, Hikes, Historic Spots, Horseshoes, Indian Lore, Masquerades, Movies, Music, Marine Museum, Nature Study, Ocean Bathing, Operettas, Outdoor Picnics, Parties, Pets, Photography, Piano Playing, Playground Sports, Plays, Quizzes, Reading, Roller Skating, Rowing, Singing, Sketching, Snipe Hunts, Soccer, Softball, Square Dancing, Stagecraft, Swimming, Tennis, Topsy Turvy Morning, Town Council, Track Events, Treasure Hunts, Trips, Tug-of-War, TV, Volleyball, Walks in the Woods, Woodcraft, Writing stories and Letters Home!

ATHLETIC PROGRAM

This is designed to develop and co-ordinate mind and body. Campers, encouraged to learn sports and skills new to them, never feel left out of good times. Sports provide invaluable opportunities to develop control, good health habits, sportsmanship, and leadership. Athletics are planned thoroughly. Objectives for skills on each age level are taught for each sport, with proficiency gained by daily practice.

PERSONAL ATTENTION

Each child's background, habits, skills, and personal aptitudes are carefully studied, with goals set in line with his special needs. The Camp cooperates with the child's personal physician, psychologist, or psychiatrist in carrying out recommended treatment.

RESULTS ACHIEVED

Record is kept of each child's progress in Camp and after. In many cases unusual results are achieved. They hold up well when the child returns to his home and neighborhood, if training is continued there.

RELIGION IN CAMP

Camp Waterford is non-sectarian. No services are held at Camp. A simple Grace, said before meals, stresses all that we have to be thankful for. Simply, in our everyday living, we try to instill in our campers tolerance, understanding, and respect for all, regardless of race or creed. Albert Schweitzer's "Reverence for Life" is one of our watchwords. Those campers whose parents want them to attend religious services are taken to their respective Houses of Worship in New London, when possible.



SPENDING MONEY

Parents must deposit to their child's account a sum to cover spending money needed by the camper. The amount depends on the age and needs of the child. This is used for stamps, craft materials, toilet articles, budgeted spending money used on trips, haircuts, prescriptions when necessary, dry cleaning, a limited amount of candy, and church donation for those who attend.

VISITORS

Parents and friends are welcome on visiting Sundays: 10:30 a.m. to 4:30 p.m. As a precaution against bringing illness into Camp, no child under 12 years of age may visit. Campers may not keep food or candy

in their cabins. Camp menus are carefully balanced; they contain enough sweets. Many parents make use of our picnic facilities, and bring a picnic basket. Coffee, dessert, and a light lunch may be purchased at our Canteen.

HEALTH EXAMINATION

All campers must have a complete physical examination before camp opens. A tetanus booster shot is advisable. Health records are kept for future reference. Campers are checked daily by our nurse, periodically by our doctor. Medication and treatment, or check-ups for chronic physical condition or illness are not included in camp fee. We have an unusual health record as we believe in prevention.



CLOTHING

We require simple uniforms, and the child's usual cold weather and rainy day clothing. Towels, wash cloths, and bedding must be provided by the camper. A clothing list is available. Everything must be name-taped.

DATES

The Camp Period of eight weeks starts about July 1. Campers may stay an additional 1 or 2 weeks post-season, pro-rated.

RATES

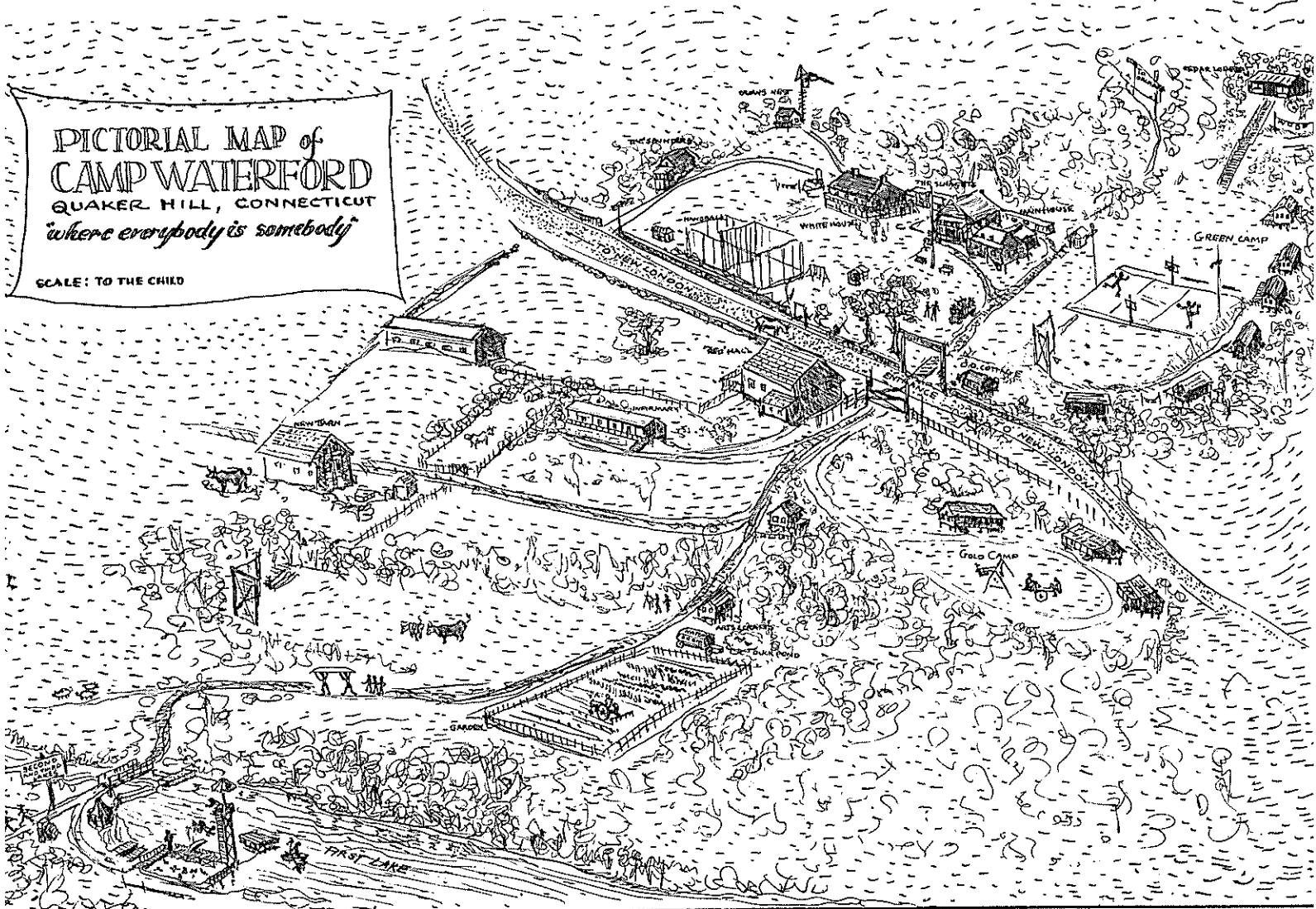
Depending on the needs of the child, \$750 to \$850, for 8-week camp period, plus laundry and fare.

HOW TO REGISTER

No child can be accepted without a personal interview, either at our New York or Connecticut office, to determine whether the camper will benefit from our program. Please fill out the enclosed application form and questionnaire and return it to our New York office.

**PICTORIAL MAP of
CAMP WATERFORD**
QUAKER HILL, CONNECTICUT
"where everybody is somebody"

SCALE: TO THE CHILD



SOME OF OUR 750 ACRES ↑

3 - 1/2 HOURS FROM N.Y.C.

HOW TO DRIVE TO CAMP

The two largest structures, White House and Main House, and the Green Camp, are on hill, upper right. Barns, cultivated acreage, the Gold Camp, three lakes, are below New London road, foreground.

Main highway routes from New York and New England cities. Camp is about 130 miles from center of New York City, 100 from Boston, 80 Worcester; 60 New Haven, Springfield, Providence; 40 Hartford.

From New York & New Haven:

Connecticut Turnpike Exit 77, right turn (S.E.) on to Route 85 (Hartford Turnpike). Go about 1/4 mi. to Douglas Lane. Turn left. Continue to end of Douglas Lane, then left on Vauxhall St. Extension. About 1 mi. to right turn at top of hill on to Fire St. Arrow points to Camp: 1/2 mi. to Camp gate and parking lot.

From Providence & Norwich:

Connecticut Turnpike Exit 77, left turn (S.E.) on to Route 85 and continue as noted above.

From Westerly, Groton, New London:

Route 1 (Interstate 95) N.W. from Gold Star Bridge, toward New London Shopping Center. Opposite the Center turn right on to exit marked "Vauxhall St. Extension". Go about 3 1/2 mi. (N.W.) along Vauxhall Extension to top of hill. Turn right on Fire St. Arrow points to Camp (1/2 mi.).

