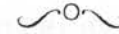
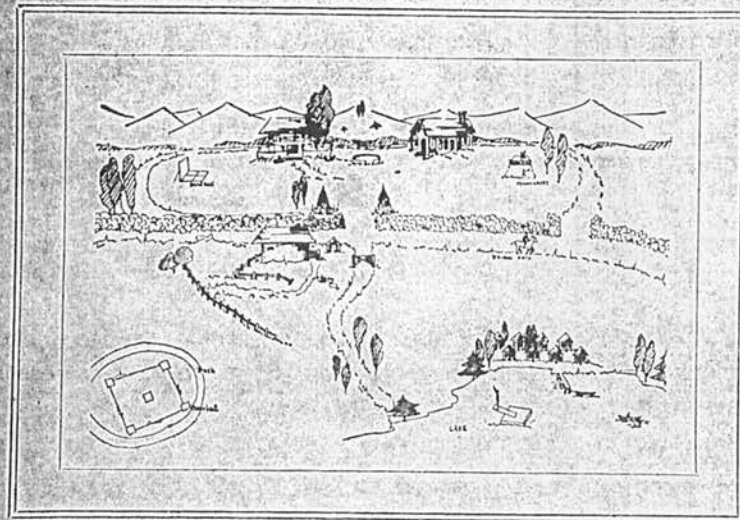


CUHECA

*A New Religion*



*M*OST people who have interested themselves in educational matters, and who have made a study of the physical and mental welfare of children, are more or less familiar with the methods of the Culture and Health School for Children, which we founded some time ago.

It has always been our belief that the open air system of teaching is the best method by which the acquisition of knowledge by the receptive mind of a child can be accomplished without retarding the physical development.

The time is approaching when most schools for children will be conducted entirely out-of-doors. It needs no trained eye to discern the difference in the physical and mental makeup between an out-door and an indoor product of teaching.

It is a great satisfaction to us, as pioneers in the out-door training of children, to meet so many satisfied parents whose children have attended or are now attending our school.

We have received so much encouragement in our enterprise of training children in the open-air, that we feel proud of our achievements. Many physicians, whose children attend our Culture and Health School, have been open in their praise; and the many converts to our cause have prompted us to branch out in other directions.



In a busy and crowded metropolis, like New York, one feels somewhat cramped in an endeavor to enlarge upon an idea so wholesome as ours.

The lack of space, even though our school grounds are large enough to accommodate a few hundred children, makes us realize the necessity for bringing our children to the large open spaces.

Although we are situated near the vast parade grounds of Prospect Park, the many activities there preclude us from the privacy and seclusion which is essential in the environment of school life.

In the long felt need of a calm and quiet retreat, a place restful to the nerves, a soothing influence on the mental and physical capacity of our children, we have found the solution in a five hundred-acre tract of land, situated near New London, Conn., which we have recently acquired.

It is interesting to know how and why we decided to locate at our camp in Connecticut. We had many requests from the parents to establish a camp so that their children might get the benefit of a summer with the Culture and Health School influence.

We decided that some place near the city might be attractive enough to found such a camp. After an over-night sail we found ourselves in New London at 6:00 A. M., one morning. We hardly realized that we had sailed for seven hours. Comfortably reclining in a stateroom, resting through the night, the hundred and fifty miles seemed like no distance at all.

The five hundred acre farm offered us was only a twenty-minute ride by auto, and in that space of time we found ourselves exploring a boundless tract of land at Waterford, Conn.

Language is wholly inadequate to describe the sensation of the early summer hike over the hills and dales, along winding brooks, over rustic bridges, through paths in not too thickly wooded areas, out into large fields of soft, undulating country, and our walk stimulated by the fragrance of flowers that everywhere so plentifully abound.

For five days we explored the enchanting country. We came upon a charming lake, whose border we skirt for a distance of three miles, to discover that we are still on our own property. We rest in the shade of some mighty cliffs that overhang the lake's border and urged by the lure of the landscape we eagerly continue our exploration.

Always we come upon a soft, murmuring brook, upon whose edges soft green carpet paths entice you.

Out in the open fields the mild, penetrating rays of the sun softly envelop us and suddenly we become possessed with a desire to bathe in the rippling waters of the brook and in the privacy of the boundless acres we remove our clothes and lave in the refreshing stream. The sun pours its warmth upon our nakedness and our whole being becomes enraptured by the peace and calm and warmth. Here is a world of real possession, life and warmth, sunshine and mellowness. We have found the real existence.

We purchase the farm, the space, the air, the hills, and the sunshine. And now we would like to proclaim in a mighty voice that a world of riches, peace, happiness, and contentment awaits all who are willing to come close to the simple life that Nature, in her boundless generosity, is ready to bestow in full measure upon all those who will come in close communion with her.

