

2025

# MAY

## THE WATERFORD COUNTRY SCHOOL

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

Breakfast Options, Hot Sandwich, Cinnamon Roll, Cereal, Yogurt, Bagel w/ Cr. Cheese, Fruit, Juice, Milk  
Alternative Lunch Options, PB & Jelly or Fluff w/ Ch. Stick, Veggies, Fruit & Milk, Yogurt w/ Ch Stick, Fruit, Veggies, Granola, Grain & Milk, Salad Bar w/ Choice of Proteins, Grain, Fruit & Milk

*We Continue to Participate in the Fresh Fruit & Vegetable Program offering one item daily as a Healthy Snack. We also purchase locally whenever possible as indicated by the \*\*.  
 Common Allergens that may be present in menu items: Milk, Eggs, Fish, Shellfish, Tree Nut, Peanuts, Wheat, Soybeans, Sesame*

1

#### Brunch for Lunch

French Toast  
 Hash Browns  
 Sausage Links  
 100 % Dragon Fruit Juice  
 Fresh Fruit, Choice of Milk

2

#### Turkey/Cheese Melt

on a Pretzel Roll  
 Cheese & Bacon Potato Wedges  
 Baked Chips  
 Fruit Smoothie  
 Choice of Milk

5

#### CINCO DE MAYO

Chicken & Cheese Empanada  
 Spanish Rice  
 Black Beans, Corn & Peppers  
 Fried Plantains  
 Choice of Milk

6

#### Homemade Pulled Pork

**Sandwiches On A Roll**  
 Sweet Potato Fries  
 Fresh Green Beans  
 Fresh Fruit  
 Choice of Milk

7

#### Stuffed Shells

Roasted Butternut Squash\*\*  
 Garlic Toast  
 Fresh Fruit  
 Choice of Milk

8

#### Chicken Teriyaki

Fried Rice  
 Steamed Broccoli  
 Snap Pea Pods  
 Fresh Fruit  
 Choice of Milk

9

#### Cheeseburger on a Roll

Baked Fries  
 Baked Beans  
 Baked Chips  
 Fresh Fruit  
 Choice of Milk

12

#### Homemade Mac & Cheese

Roasted Brussel Sprouts  
 Steamed Edamame  
 Garlic Breadstick  
 Fresh Fruit  
 Choice of Milk

13

#### Jerk Chicken

Rice & Peas  
 Roasted Squash Melody\*\*  
 Homemade Coleslaw  
 Cornbread  
 Fresh Fruit  
 Choice of Milk

14

#### Choice of Pizza

Caesar Salad\*\*  
 Carrot Sticks  
 w/ Ranch or Hummus  
 Fresh Fruit  
 Choice of Milk

15

#### FOUNDERS DAY Fair Style Lunch Provided

16

#### Chicken Tenders W/ Choice of

Sauces  
 Sweet Potato Fries  
 Honey Biscuit  
 100% Mango Wango Juice  
 Fresh Fruit  
 Choice of Milk

19

#### Mashed Potato Bowl

Popcorn Chicken  
 Mashed Potato  
 Corn, Cheese, Gravy  
 Ciabatta Roll  
 Fruit & Milk

20

#### Hot Dog on a Roll

Baked Beans  
 Baked Fries  
 Baked Chips  
 Fresh Fruit  
 Choice of Milk

21

#### Pasta W/ Meat Sauce or

Marinara  
 Garden Salad\*\*  
 Roasted Baby Carrots  
 Garlic Knot  
 Fresh Fruit, Choice of Milk

22

#### Nachos

Beef and/or Cheese  
 Homemade Spanish Rice  
 Elote Corn  
 Black Beans  
 Fruit & Milk

23

#### Grinder Day

Choice of Ham, Turkey or Tuna  
 W/ Lettuce, Tomato, Pickles  
 Cold Broccoli Salad  
 100 % Dragon Punch  
 Fruit & Milk

26

#### MEMORIAL DAY

NO SCHOOL

27

#### Breaded Chicken Breast

**Sandwich**  
 Baked Fries  
 Carrot & Raisin Salad  
 Fresh Fruit  
 Choice of Milk

28

#### Choice of Pizza

Garden Salad\*\*  
 Fresh Snap Peas  
 w/ Ranch or Hummus  
 Fresh Fruit  
 Choice of Milk

29

#### Soft Beef Tacos

Spanish Rice  
 Black Beans  
 Corn & Peppers  
 Fresh Fruit  
 Choice of Milk

30

#### Grilled Cheese w/ wo Ham

Tomato Soup  
 Roasted Squash\*\*  
 Fresh Fruit  
 Choice of Milk