

Monday



4
Grilled Cheese w/wo Ham
Cold Broccoli Salad
Cup of Tomato Soup
Fresh Fruit, Choice of Milk

11
Grilled Quesadilla
Veggie, Chicken or Cheese
Chickpea Salad
Steamed Corn
Fresh Fruit, Choice of Milk

18
Kati-Kati Chicken
Jollof Rice
Glazed Carrots
Fresh Fruit
Choice of Milk

25
NO SCHOOL MEMORIAL DAY
Remember Those Who Gave All-For Our Freedoms

Tuesday



5
CINCO DE MAYO
Al Pastor (Shredded Pork Tacos)
Cilantro Lime Rice
Elote Corn, Fiesta Beans
Fresh Fruit, Choice of Milk

12
Baked Macaroni & Cheese
Fresh Steamed Broccoli
Texas Toast
Fruit Icee
Fresh Fruit, Choice of Milk

19
Taco Tuesday
Soft Shell Beef Tacos**
Spanish Rice, Corn
Black Beans, L & T, Guacamole & Sour Cream
Fresh Fruit, Choice of Milk

26
Hand Breded Chicken Pattie on a Roll
Mashed Potatoes
Parmesan Broccoli
Fresh Fruit
Choice of Milk

Wednesday



6
Beef Gyro W/ Tzatziki Sauce
Lettuce & Tomatoes (optional)
On a Naan Bread
Greek Salad
Baked Treat
Fresh Fruit, Choice of Milk

13
Choice of Pizza
Roasted Butternut Squash**
Caesar Salad w/ Homemade Croutons
Fresh Fruit, Choice of Milk
Baked Treat

20
PASTA BAR
Choice of Meat Sauce**
Marinara or Spaghetti Squash**
Caesar Salad
Garlic Toast
Fresh Fruit, Choice of Milk

27
Choice of Pizza
Roasted Balsamic Beets
Caesar Salad W/ Homemade Croutons
Fresh Fruit, Choice of Milk

Thursday



7
Soy Ginger Chicken Thighs
Fried Rice w/ Bok Choy
Steamed Edamame
Fresh Fruit, Choice of Milk
Fortune Cookie

14
Scratch-Made Pulled Pork Sandwich
Sweet Potato Wedges
Collard Greens
Fresh Fruit, Choice of Milk

21
Popcorn Chicken Bowl
Popcorn Chicken
Mashed Potato, Corn, Gravy, Cheese
Buttered Biscuit
Fresh Fruit, Choice of Milk

28
Baked Ziti**
Green Beans Italiano
Garden Salad
Garlic Toast
Fresh Fruit, Choice of Milk
Baked Treat

Friday

1
Chicken Tenders w/ Choice of Sauces, Steamed Broccoli
Sweet Potato Wedges
Honey Biscuit, Fresh Fruit
Choice of Milk

8
Rodeo Burger** (Burger w/ Cheddar Cheese, BBQ Sauce, Onion Rings)
Roasted Fingerling Potatoes**
Baked Beans
Fruit & Milk

15
Chicken Alfredo
Fresh Sautéed Garlic Spinach
Glazed Carrots
Garlic Toast
Fresh Fruit, Choice of Milk

22
Sloppy Joes** on a Roll
Roasted Potatoes
Zucchini Fries
Fresh Fruit, Choice of Milk
Baked Treat

29
Homemade Meatloaf**
Steamed Edamame
Honey Glazed Carrots
Homemade Biscuits
Fresh Fruit, Choice of Milk

Breakfast Options

Bagel W/ Cream Cheese
Croissant or Bagel Sandwich (Egg Pattie, Sausage, Cheese)
Choice of Cereal, Yogurt Meals, Sweet Treat on Friday's
All Choices Include 100% Fruit Juice, Fruit, & Choice of Milk

LUNCH ALTERNATIVES

PB & J w/ Sunflower Seeds
Yogurt w/ Cheese Stick, Granola, Grain
Salad Bar w/ Choice of Proteins, Grain
All Meals Include Fruit, Veggies and Choice of Milk

** Indicates Sourced From a Local Farmer