



SEPTEMBER 2026

The Waterford Country School

Common Allergens That May Be Present in Menu Items: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soybean, Sesame

Monday

Tuesday

Wednesday

Thursday

Friday

LABOR DAY
NO SCHOOL

Grilled Cheese 14
w/wo Ham
Cup of Tomato Soup
Fresh Veggie Sticks
W/ Hummus
Fruit & Milk

Burrito Bowl 21
Beef *** or Chicken
Cilantro Rice
Black Beans, Corn Salsa
Sour Cream, Guacamole,
Tostones, Fruit & Milk

Grilled Quesadillas 28
Cheese, Veggie or Chicken
Cold Corn & Tomato Salad
Refried Beans
Salsa & Sour Cream
Fruit & Milk

Mac & Cheese 1
Garlic Steamed Green Beans
Carrot Sticks w/ Hummus
Warm Dinner Roll
Fruit & Milk

Taco Tuesday 8
***Beef/Chicken/ Fish
on a Corn Soft Taco
Steamed Corn, Fiesta Beans
Lettuce & Tomato, Salsa,
Sour Cream, Fruit & Milk

Korean Beef 15
w/ Seasoned Rice
Sauteed Bok Choy ***
Local Honey ***Roasted
Carrots, Warm Pita Bread
Fruit & Milk

Chicken Wings 22
W/ Choice of Sauces
Loaded Waffle Fries
Buffalo Cauliflower
W/ Ranch Dressing
Fruit & Milk

Breaded Chicken Patty Sandwich 29
Choice of Sauces
New Sidewinder Fries
Fresh Green Beans
Fruit & Milk

Choice of Pizza 2
Caesar Salad***
w/ Homemade Croutons
Roasted Butternut Squash **
Fruit & Milk
Baked Treat

Baked Ziti 9
Zucchini Squash ***
Steamed Broccoli
Garlic Knot, Fruit & Milk
Fruit Icee

Choice of Pizza 16
Caesar Salad***
w/ Homemade Croutons
Roasted Local Beets ***
Fruit & Milk
Baked Treat

Pasta Bolognese 23
(Plant -Based)
or Marinara
Steamed Fresh Broccoli
Warm Garlic Knot
Fruit Icee, Fruit, Milk

Choice of Pizza 30
Caesar Salad***
w/ Homemade Croutons
Roasted Butternut Squash**
Fruit & Milk
Baked Treat

Choice of Grinders 3
Turkey, Ham, Chicken Salad
Or Tuna
Choice of Cheese, Lettuce &
Tomato, Pickels
Fruit Smoothie, Chips, Milk

Jerk Chicken Drumstick 10
Rice & Peas, Coleslaw
Scratch Made Cornbread
Baked Plantains
Choice of Milk

Pulled Pork Sandwich 17
Scratch Made on a Roll
Roasted Potato Wedges
Slow-Roasted Baked Beans
Fruit & Milk

Choice of Grinders 24
Turkey, Ham Or Tuna,
Choice of Cheese
Lettuce & Tomato
Baked Kale Chips ***
Fruit, Milk

Chicken Tenders 4
w/ Choice of Sauces
Roasted Red Potatoes
Steamed Edamame
Homemade Biscuit
Fruit & Milk

All Beef Rodeo Burger 11
w/wo Cheddar Cheese
BBQ Sauce, Onion Rings
Optional Veggie Burger
Sweet Potato Wedges
Baked Beans, Fruit & Milk

Kati Kati Chicken 18
Jollof Rice
Sauteed Spinach &
Tomatoes
Diced Butternut Squash***
Fruit & Milk

All Beef Bacon Burger 25
w/wo Cheese
Optional Veggie Burger
School Made Potato Salad
Vegetarian Baked Beans
Fruit & Milk

Alternative Meals Offered Daily Include: PB & J, or PB Only, Cheese Stick, Fruit, Veggie, Milk
Yogurt Meals Includes Granola, Crackers, Veggies, Fruit, Milk
Salad Bar Offers Fresh Veggies, Choice of Proteins & Grains, Fruit, Milk

Offered Daily: Carrots & Hummus and Fresh Fruit

**** Indicates Purchased from a Local Farmer.
We Also Offer Produce Grown by Our Own Students
When Available!!